

STC NEWS ARCHIVE 2009 - 2011

2011

Regional Schools Competition Success

Congratulations to all those who took part in the Regional Schools Trampoline competition in Birmingham on 3 December. Full results will be available soon for all those who took part. Special congratulations to Stacey Blakeway who came third in the elite under 15 girls class and qualified to the Zonal competition on Saturday 14 January 2012 at the Sports Village Shrewsbury.

More Congratulations!

Congratulations also to Kim Roberts, Stacey Blakeway and Debbie Brunt for qualifying as Club Judge (trampoline).

Grange Sports Centre - Spaces still available

There are still some spaces available on Mondays at the Grange Sports Centre, the 3:45pm session is great for straight after school trampolining

Congratulations

Congratulations to Hollie Swain for passing her Level 1 coach assessment on 6 November 2011. Many thanks to Charley Hughes, Nicola Bowden and Chloe Brunt for helping out by bouncing for Hollie at her assessment in Rugeley.

2011 AGM

We have our AGM on Thursday 24 November at 6pm in Sundorne Secondary School meeting rooms. We would like you input to how you think the club is running and any suggestions for the future operation for the club. You can do this by email or by writing on one of the postcards available at your session. Suggestions provided for previous AGM's have really helped improve Severn Trampoline Club.

Severn Trampoline Club opens a satellite club

From 3 October 2011 STC will have a satellite club on Mondays at the Grange Sports Centre, Mount Pleasant Road, Harlescott, Shrewsbury. This is an exciting

new development for STC and we are all looking forward to seeing how this develops.

Club President Julia Jones said 'This new session has been made possible because we have secured funding from British Gymnastics. I am pleased to be able to take the Gym Mark club structure into a new venue'.

Severn Trampoline Club hosts West Midlands grades competition June 2012.

On Sunday 10 June 2012 we will host the West Midlands Grades assessment and competition at the Sports Village in Shrewsbury. This is a big change from our annual club competition and we are all looking forward to the challenges this will present.

Clubs from all over the West Midlands regularly enter the Grades assessment and competition so this will be a fantastic opportunity to see a high level of performance at the Sports Village. We are hoping this will inspire all our club members to think about whether they want to compete and take the chance to enter a competition with minimal travelling.

Severn Trampoline Club Clothing

The new clothing hoodies, t-shirts and trousers are available to order from Sports Jam. There is a Severn Trampoline Club section on the Sports Jam website allowing you to order directly from Sports Jam.

[Click here for Sports Jam website.](#)

Many thanks to Jo Horlock for working so hard on our new collection of clothing that uses the logo created for us by Hollie Swain.

Severn Trampoline Club places in the Regional Development Squad

A selection day for West Midlands development squad was held in Tamworth on 21 August 2011. Six of our members took part for trampoline and DMT and all were selected for DMT squad. The first squad match is on 2nd October in London. Good luck to Caity Higgins, Sky Mileto, Stacey Blakeway, Sian Jones and Jemma Lutwyche.

Are you receiving our email updates??

We recently made a few changes to our email system and email address.

If you are not receiving email updates and you would like to please email us at **severn.trampolineclub@yahoo.co.uk** with your name and session day & time and you will be added to the contacts list.

If you are receiving updates and would prefer not to please also email asking to be taken of the contacts list.

STC members make national competitions!!

Congratulations to Caity Higgins who has qualified to the national round of competitions in grade C.

Severn Trampoline Club Now on Twitter

We now have a Twitter Page! Follow our tweets to recieve all the latest news and updates. Simply click the button below.

FOLLOW ME ON 

Saturday Sessions

Saturday Sessions: 9-10am and 10-11am - These are open sessions anyone can attend those on the waiting list are welcome and the sessions provide additional squad training time. Cost - £4 per hour, Venue - Sports Village, Maximum number - 10

Limitations - at the moment these classes will not be able to run when we are attending regional competitions which are four times per year. [Please click here for our Year Planner for details.](#)

Sports Village Hosts Regional Competition

On the Sunday 15 May 2011 we have the best bouncers and DMTers in the region competing at the Sports Village, our DMT team will be there competing on the day. Competition starts at 9:30 and goes through to lunch time. Please come along and watch if you are interested - when the competitors get better than this they compete at the national competitions, they are worth watching.

Amy makes the national competitions!!

A big well done to Amy Trow for qualifying to the national round of competitions in grade C. Amy has been competing with Severn Trampoline Club for a couple of years as part of her training for the requirements of the stunt persons register. Amy said 'I am delighted to have made the national competitions. It is more than I expected on the day'. Amy will now enter a number of the more local regional gala events to maintain her national C status.

New and improved judges at Severn Trampoline Club

At the recent regional training event Caity Higgins, Lauren Ball and Penny Brown qualified as club judges. They will now be looking for judging opportunities at regional and schools competitions to try out their new skills marking the form or 'neatness' of competitors. At the same event Ant Wakenshaw and Julia Jones (nee Clarke) qualified as County judges. This enables them to mark the difficulty of routines and take on the role of chair of the judges panel. Congratulations to all our newly qualified and upgraded judges for getting through two days of intense brain work and the assessments to get this really useful qualification.

If anyone is interested in becoming a judge the minimum age is 15 and there is some knowledge of shapes used in trampoline skills needed.

Certificates & Badges

Award certificates with fabric badge are available to buy once you have completed an award, please ask one of the coaches if you wish to purchase a these. They cost £ 3 for the certificate and badge .

2010

2010 AGM

Many thanks to those of you who struggled through the snow to make our AGM a successful event - special thanks to Caity and Olivia for making the second round of pizza and garlic bread!

In brief

- We have elected the committee members for 2011

- We have changed the dissolution clause to allow us to bid for funding from Sport England
- We have changed the membership clause to allow us to have non bouncing members of the club we had a super discussion about all the suggestions that came through to us

What happens next

- We will write up the minutes of the meeting, email them out, put them on the web site and have a paper copy available at the sessions
- We will respond to or do some more research around the suggestions received and make that public through email, on the web site and at the sessions
- We will continue to seek your feedback and suggestions to keep the club as successful as possible

Thanks you for your support, a copy of our annual report is below this details all the fantastic things that the club has achieved over the last year.

[Annual report 2010](#) -read about all the fantastic things that have happened in 2010 at our club!

For details of this and past AGMs please visit the 'About Us' page of this site

New Horizons for Tabitha



After many years, adventures and bounces in Shropshire Tabitha has decided to join her family in America in August of this year.

Tabitha founded Severn Trampoline Club with Julia and Ant in 1996 and has worked tirelessly to ensure its success. She has filled roles as Secretary, Welfare Officer, Gym Mark link Officer, Coach for trampoline & DMT & disabilities, Judge, competitor and generally a tremendously lovely person to know. I know that the club will very much miss her input in all these roles but that we will miss her most as a friend.

We would like to wish Tabitha all the very best for her future in America and to let her know that we will always have space for her on our committee and in our hearts.

Good luck Tabitha!! July 2010

Congratulations to:

Penny and Olivia Brown for successfully completing the cycle 5/6 upgrade in May. This updates their current coach qualification to the new standard set by British Gymnastics and enables them to attend further UKCC coaching courses.

Anita Blakeway and Jamie Wilcox for securing places on the trampoline level 2 coach course. This qualification will give Anita and Jamie the skills to coach front somersaults, back somersaults and barani's (front somersault with late ½ twist) in all shapes. This is a valuable addition to our current coaching skills.

Julia Clarke for securing a place on the West Midlands gymnastics tutor training course. This qualification will enable Julia to deliver coach training to candidates on level 1 and 2 trampoline coach courses.

FAMILY OPEN DAY

Thanks to all who attended the family open day on 15th May 2010, there was a great turn out and it was fantastic to see family members of all ages having a go on the trampolines.

Club Achieves GYM MARK accreditation

On 23rd March 2010 we successfully secured Gym Mark accreditation. This demonstrates that the club is managed to high standards around child safety and

welfare, general health and safety, club management and the development of gymnasts and volunteers. More details will be available on the 'About Us' page soon

SEVERN TRAMPOLINE CLUB GAINS NATIONAL ACCREDITATION



At club's display at Shrewsbury Sports Village Jane Edwards, West Midlands regional development officer of Gymnastics England, brought along the plaque for the Mayor to present. "Within the region only one third of trampolining clubs have this national accreditation." She said the accreditation recognised a list of achievements including a safe, effective and child friendly environment. Said Jane: "We are looking at codes of conduct, what's expected of the gymnast, their parents and coaches and child protection procedures. Child protection for participants under 16 is a high priority. "The accreditation also recognises the management of the club, its constitution, raising the quality within the club and fundraising."

The Mayor Councillor Alan Townsend presented the plaque to coach Julia Clarke and congratulated the Severn Trampoline Club on its 'superb achievement'. Said Julia "We are thrilled to receive this accreditation from British Gymnastics, our success is a reflection of the hard work and dedication of all our volunteers but especially our Club Secretary Tabitha Tallerine who has managed this through the whole process. For us Gym Mark is the foundation that we can now build our future club development plans on".

CLUB DISPLAY



Thanks to everyone for making this a fantastic morning. We enjoyed our visit from the mayor and club members put on a lovely display, the day was a fitting celebration to mark the clubs achievements to date and the receipt of our Gym Mark accreditation. We also raised £55 for Help for Heroes on the tombola.

MAYOR'S 'SENSATION' EXPERIENCE ON THE TRAMPOLINE

The Mayor took his first trampoline bounce and told his coach 'that was quite a sensation'. After Councillor Alan Townsend had experienced several bounces on the trampoline under the instruction of coach Julia Clarke, he said: "I would like to do that again. "If I wasn't disqualified on age grounds, I would join the trampolining club." The Mayor officially opened Severn Trampoline Club at Shrewsbury Sports Village, Sundorne, accompanied by the Mayoress Mrs. Judy Townsend. He took off his chain of office, jacket and shoes before stepping onto the trampoline. The Mayoress followed her husband onto the trampoline and was equally impressive. "It was lovely," she said afterwards. "I wish I had done that years' ago." The Mayor congratulated the coaches, Julia Clarke, Tabitha Tallerine and Anthony Wakenshaw, on what he described as their 'tremendous efforts' in developing the club. "They have provided such a worthwhile activity for so many young people. Trampolining is helping their confidence and giving them skills and social experience."

DMT at STC



We now have a double mini trampoline (DMT) !!

Our most recent purchase combines Athletics, Trampolining and Gymnastics. The DMT is like two mini trampolines that have been joined in the middle, the first is angled and is called the mount, and the second is flat and called the spotter.

Trampolinists run down a track and jump onto the mount complete a move onto the spotter and then dismount onto a landing mat.

The DMT is available during Friday sessions.

2009

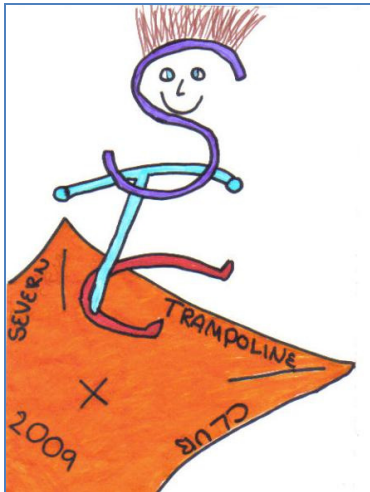
T-shirt Design Competition

The winning T shirt design has been turned into fab T shirts and samples are now available to view at sessions.

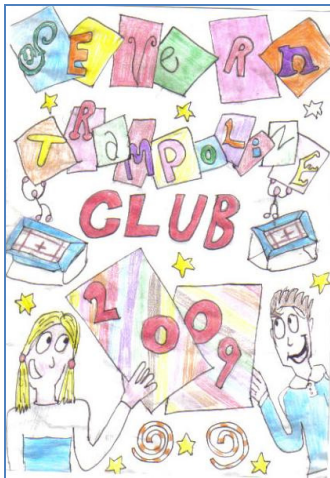
We were thrilled with all 12 entries to the first t shirt design competition. The judging was carried out on Friday 3 April by Julia Clarke, Tabitha Tallerine, Amy Trow and Gaynor Lutwyche who found it very very difficult to choose because of the high quality of entries.

To reflect the high quality we decide to use two other designs as well as the winner. The results are:

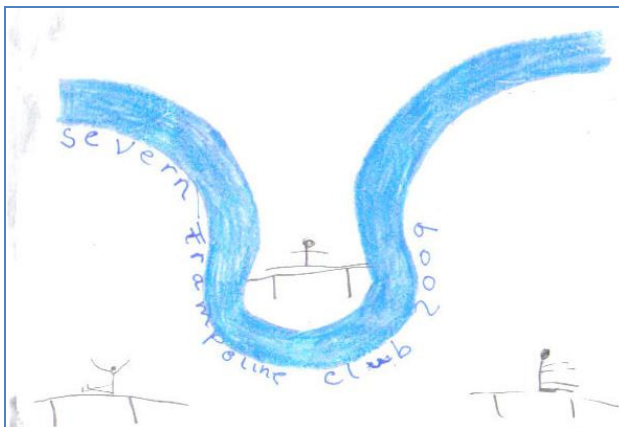
Winner - t-shirt design - Emma Balshaw - wins 3 t-shirts of her design



Runner up - we will use this design on the web site - Lucy Chandler - wins an easter egg



Runner up - we will use her design as the new club logo - Danielle Cummings - wins an Easter egg



Other T shirt design enteries will be featured on the web site, so keep so keep a look out if you entered.

All proceeds will go towards new club equipment. The winning design will be printed on T-shirts which will be on sale to raise more money for equipment.

Lottery Grant

In 2007 we successfully bid for a National Lottery - Awards For All grant. We received just under £ 10,000.

This funding was used to purchase two competition standard trampolines, one large wedge mat, two small throw mats and an overhead safety rig to support somersaults with two standard belts and a twisting belt.

All the equipment is already being put to good use, the extra bouncy competition trampolines have been a big hit with all members, and we are able to develop complex moves safely with the aid of the overhead rig.